## **CLAIMS**

## What is claimed is:

1. A head rest assembly for a tub, spa, pool, bath, or shower, said head rest assembly comprising:

a head rest adapted to support the head of a bather; at least one light-transferring insert positioned in the head rest; and means for illuminating the light-transferring insert.

- 2. The head rest assembly as recited in claim 1, wherein the means for illuminating comprises one of incandescent means, fluorescent means, fiber-optics means, and light-emitting-diode means.
- 3. The head rest assembly as recited in claim 1, wherein the at least one light-transferring insert comprises a plurality of light-transferring inserts.
- 4. The head rest assembly as recited in claim 1, wherein the light-transferring insert comprises one of a transparent and a translucent material.
- 5. The head rest assembly as recited in claim 1, wherein the light-transferring insert comprises a resilient material.
- 6. The head rest assembly as recited in claim 5, wherein the resilient material comprises one of a silicon-based material and a thermoplastic rubber material.
- 7. The head rest assembly as recited in claim 1, wherein the means for illuminating the light-transferring insert comprises at least one light-emitting-diode and means for varying the output of the at least one light-emitting diode.
- 8. The head rest assembly as recited in claim 7, wherein the means for varying the output of the light-emitting diode comprises software.

- 9. The head rest assembly as recited in claim 7, wherein the means for varying the output of the at least one light-emitting diode comprises means for varying the color of the at least one light-emitting diode.
- 10. The head rest assembly as recited in claim 1, wherein the head rest comprises a light-transferring material.
- 11. The head rest assembly as recited in claim 11, wherein the head rest assembly further comprises means for illuminating the head rest.
- 12. The head rest assembly as recited in claim 1, wherein the head rest further comprises at least one speaker for transferring sound to the ear of the bather.
- 13. The head rest assembly as recited in claim 12, wherein the at least one speaker comprises at least one of an electronic speaker and a speaker provided with sound via a sound wave guide.
- 14. The head rest assembly as recited in claim 1, wherein the head rest further comprises at least one fluid flow device.
- 15. The head rest assembly as recited in claim 14, wherein the fluid flow device comprises a device adapted to direct water to the bather.
- 16. The head rest assembly as recited in claim 14, wherein the means for illuminating the light-transferring insert is mounted in the at least one fluid flow device.
- 17. The head rest assembly as recited in claim 14, wherein the at least one fluid flow device comprises at least one part comprising a light-transferring material.
- 18. The head rest assembly as recited in claim 17, further comprising means for illuminating the at least one part comprising a light-transferring material.

- 19. The head rest as recited in clam 18, wherein the means for illuminating the at least one part comprising a light-transferring material further illuminates a fluid discharged from the fluid flow device.
- 20. The head rest as recited in claim 18, wherein the means for illuminating the at least one part comprising a light-transferring material comprises the means for illuminating the at least one light-transferring insert.